

# The PROBUS Reporter November 2024 Issue

The PROBUS Club of Alliston www.probuscluballiston.com



## President's Message

As the leaves change it signals the end of summer and the golf season. For me it is time to start curling, but for many of you it is time to head off to sunnier climes. If you are going, I hope you have a great winter. Our next meeting is the Remembrance Day presentation. We have a great speaker planned, Ted Barris is talking about "The Battle of Britain, Canadian airmen in their finest hour", so appropriate for this month of Remembrance. I will also participate in the November 11<sup>th</sup> Remembrance day celebration at the Alliston cenotaph and will lay a wreath on behalf of our PROBUS Club. One of the things I enjoy as President is getting to meet and chat with our members, so I look forward to seeing everyone on November 12<sup>th</sup>.

Gerry Ross
President, PROBUS Club of Alliston

**2024-2025 Management Committee** 



#### **Welcome New Members**



Phyllis Thomas, Vern Thomas, Rick Fox, Shaun Fox, Remi Welch

#### **10 Year Service Pins**



Linda Hostrawser-Ball, George Ball, Christine Korhonen, Lynne Richardson, Bill Richardson

#### **15 Year Service Pins**



Allyn Willard, Jo-Anne Hunt

#### **20 Year Service Pins**



Susan McMillan, Michael MacMillan

#### 25 Year Service Pins



Edna Hayles, Jack Hales, Christopher Paine



**Brian Palmer** 

Brian's 25 year pin was presented to him at home on Hallowe'en day by:

Midge "Smartie-pants" Facciol,

Beverley "Anne of Green Gables" Hughes,

and Carol "Scot" Kennedy

#### **35 Year Service Award**



Eugene Walden

#### **Show & Tell Speaker – Sharron Smith**

#### **Supporting a Refugee Family**

Sharron Smith and another supporter, Cam Willcox, shared a pictorial story of how they helped support a Syrian refugee family of 6 from 2016 until the present. The presentation ended with a short video Cam produced called Easy Silence. They tracked the developments and progress this family has been able to achieve in Alliston, Ontario, CANADA, with the help of their support team and many community members. The original Support Team was called Refugee Rescue South Simcoe 2016-17 - 30 plus members. The next support group was named Month 13 - a team of 6 people still active to date.





## Main Speaker - Lisa Taylor Gut Health for Aging Gracefully

Lisa Taylor is a certified Integrative Nutrition and Gut Health Coach.

Her story began in 2016, when she lost 90% of her hair in less than a month, to an autoimmune disease, Alopecia Areata.

She worked with a Naturopathic Doctor. Together, they healed her gut and made some key lifestyle changes to address the root causes of her hair loss and eliminate other chronic symptoms.

During her presentation, Gut Health for Aging Gracefully, she shared many helpful hints to keep us healthy and to address many chronic illnesses.



## **Lunch at Halibut House**

























## **Upcoming PROBUS Meetings**

Our meetings are held on the 2<sup>nd</sup> Tuesday of each month at 10:00 AM in the Nottawasaga Inn.

Next Meeting – Nov 12 Lunch: Swiss Chalet

**Main Speakers** 

Nov 12 Ted Barris Battle of Britain: Canadian

Airmen in Their Finest Hour

#### **Show & Tell Speakers**

Nov 12 Roger Setka "In Flanders Fields"

## Dinner at Danny's Fish & Chips in Barrie on October 28<sup>th</sup>























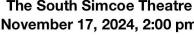




Photos submitted by Bev Hughes. For more click <u>here</u>

## **Upcoming Events**

The South Simcoe Theatre November 17, 2024, 2:00 pm



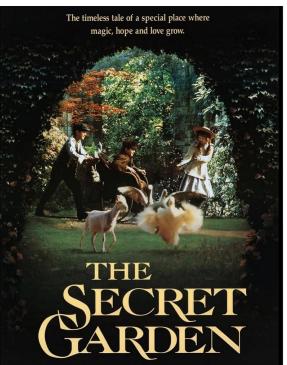


#### A Musical!

Mary, a young recentlyorphaned girl is sent to England to live with her uncle.



Tickets distributed at the Theatre.









Thursday, November 21, 2024 at 5:00 PM Symposium Restaurant, Alliston 117 Young Street, Alliston, ON

5:00 PM SOCIAL CHAT & ARRIVE & SEAT 5:30 PM DINNER \$42/PERSON

Menu

Choice of: Greek Salad or Caesar Salad

Choice of: Grilled Atlantic Salmon w/Teryiaki

Sauce

Spiced Rub Chicken

[above two served with herbed roasted

potatoes] Steak Stir Fry Fish & Chips

Fettuccine Alfredo with fresh

Mushroom sauce

Choice of: Dessert

Caramel Brownie, Caramel Apple Crisp,

Vanilla or Chocolate Sundae

Coffee, Tea, Soft Drinks CASH BAR

\$20 CASH DEPOSIT/PERSON & MENU CHOICE REQUIRED AT OCTOBER OR NOVEMBER MEETING

\$20 DEPOSIT WILL BE RETURNED AT THE DINNER

## **Upcoming Events**

#### New Town Hall is open!



Visit our brand new New Tecumseth Town Hall.

Did you miss the last PROBUS tours of the new Town Hall?

Would you like to go on a guided tour on November 19 @ 11 AM You must reserve as there is a group maximum.

Please sign up at the November meeting or email probuscluballiston@gmail.com.



PROBUS
Christmas Party
Please join us

PROBUS Christmas Luncheon Tuesday, December 10, 2024

Royal Canadian Legion Branch 171 Alliston 111 <u>Dufferin</u> Street Alliston, ON

Social 12 noon Lunch 1:00 p.m

CASH BAR
Lunch includes buffet turkey meal, dessert, tea & coffee

Tickets \$55 per person at October or November meeting

Please make cheques payable to PROBUS Club of Alliston CASH will be accepted. No e-transfers...sorry.

#### Humour...













### 2024/2025 Management Committee

President Gerry Ross

Vice President Claire Albright

Past President Ruby Thomas

Secretary Jo-Anne Hunt

Treasurer Ruby Thomas

Membership Coordinator Mary Willard

AV Team Allyn Willard, Peter Krol, Ron Wise

Communications/Webmaster Mary Willard

**Events & Excursions** Linda Hostrawser-Ball,

Joan Fellows, Wendy Masters, Judy Temple, Mary Willard

Luncheons Midge Facciol, Bev Hughes

Meeting Coordinator Dave Randell

Membership Mary Willard, Sheila Garriock

Photographer Bev Hughes

PROBUS Reporter Allyn Willard

Share the Wealth Diane Haynes, Barb Murney

Show & Tell Roger Setka, Roy Snipe

Speakers Committee Pat Thompson, Judy Pretty,

**Sharron Smith** 

Sunshine and Clouds Sue Waterman

Zoom Master Allyn Willard

If you have moved or changed your email or phone number, please notify Mary Willard at <a href="mailto:probuscluballiston@gmail.com">probuscluballiston@gmail.com</a> so that we can keep our records up to date.

If you have pictures or stories you would like to share with your friends at PROBUS, please email to Allyn Willard at:

allynwillard@rogers.com